



# Removing The Stones (Living The Kingdom Life)

# Introduction

- **Late wife -> Cancer Hospital**
  - *“In addition, medical research estimates as much as **90 percent** of illness and disease is stress-related.” (nasdonline.org)*
- **Early days’ testimonies**
  - **Oncologist in S. Africa**
- **“It’s easy!!”**
- **It’s not just about healing**
- **It’s about living the kingdom life**

# Jesus Came to Give Us Life

- **John 10:10** - The thief comes only to steal, kill, and destroy; I've come that they may have life, and that they may have it more abundantly.
- **What does this life look like?**

# The Kingdom

- **Rom 14:17** - The Kingdom of God is not just eating or drinking, but of righteousness, peace, and joy in the Holy Spirit.
- **This Kingdom is also filled with love because God is love (1John 4:8).**

# The Kingdom

- **1Cor 4:20** - The Kingdom of God is not just a matter of talk, but of power.
- **Acts 1:8** - <sup>8</sup> But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”
- **Imagine a life filled with righteousness, peace, joy, love, power, & purpose?**
- **What would that life look like? What about the marriage and family?**

# Review: The Life

- **If we want the kingdom life (i.e. abundant life), then we have a choice**
- **There are two paths**
  - **Mat 7:13-14 - <sup>13</sup> “Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. <sup>14</sup> But small is the gate **and narrow the road that leads to life, and only a few find it.****
- **Not going to make people’s experience my reality!**

# Key Factor in Determining Path To Take

- **Do you know why people choose the path that they choose?**
- **What hinders people from choosing the narrow path? The kingdom life?**
- **What's the key factor?**

# Key Factor: What's in the Heart

- **Luke 6:45** - <sup>45</sup> A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.
- **Proverbs 4:23 (NIV)** - Above all else, guard your heart, for everything you do flows from it.
- **Proverbs 4:23 (NLT)** - Guard your heart above all else, for it determines the course of your life.
- **Ezekiel 36:26** - <sup>26</sup> I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.

# Key Factor: What's In Our Heart?

- **Stones and/or Living Water**
- **John 7:38 - <sup>38</sup> Whoever believes in me, as Scripture has said, rivers of living water will flow from within them.”**
- **Living Water ≈ Kingdom Life**



- **What do the “STONES” represent?**

# What Do The Stones Represent?

- **Negative Emotions**

- **Proverbs 12:25** - Anxiety weighs down the heart, but a kind word cheers it up.

- **Sin**

- **Jeremiah 18:11-12** - <sup>11</sup> .. ‘This is what the LORD says: ... So turn from your evil ways... <sup>12</sup> But they will reply, ‘It’s no use. We will continue with our own plans; we will all follow the stubbornness of our evil hearts.’”

- **Lies**

- **Jeremiah 17:9** - The heart is deceitful above all things and beyond cure. Who can understand it?

# What If Stones Can Be Removed

- **If people have stones (“Negative Emotions”, “Sins”, “Lies”) in their hearts, how would they live their lives?**
  - **Neg Emotions** – Anger, Fear, Anxiety, Depression, Hate, Shame, etc...
  - **Sins** – Sexual sins, addictions, guilt, pride, judgmental spirit, idols, worship other gods, occult, etc.
  - **Lies** – Not Good Enough (i.e. worthless, useless), Helpless, Hopeless, etc.
- **What if these stones can be removed?**
- **What would our lives be like?**

# The Bible Says to Remove these Stones

- **Col 3:8 (GWT)**– Also get rid of your anger, hot tempers, hatred, cursing, obscene language, and all similar sins.
- **1Pet 5:7** - Cast all your anxiety on him because he cares for you.
- **1John 1:9** - But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.
  
- **For a season, Adam & Eve lived such a life on the path with God... But...**
- **What if these stones can be easily removed?**

# What If Stones Can Be Removed Easily





# Session 2

## How To Remove The Stones

# Removing The Stones

- **Stones ≈ Negative Emotions, Sin, Lies**
  - **Neg Emotions** – Anger, Fear, Anxiety, Depression, Hate, Shame, etc...
  - **Sins** – Sexual sins, addictions, guilt, pride, judgmental spirit, idols, worship other gods, occult, etc.
  - **Lies** – Not Good Enough (i.e. worthless, useless), Helpless, Hopeless, etc.
- **Removing the Stones allows us**
  - **To start living in the kingdom life**
  - **To see God and experience His presence**

# Let's Start With Anger

- Eph 4:26-27 - <sup>26</sup> “In your anger do not sin”: Do not let the sun go down while you are still angry, <sup>27</sup> and do not give the devil a foothold.
- **What does it mean to give the devil a foothold?**
- **When a person is angry, what are the thoughts that come to their minds?**
- **Where do those thoughts come from?**
- **Anger stones cause us to hear from the devil, and makes it more difficult to hear from God**

# Let's Start With Anger/Fear

- **What does the Bible say about how to deal with anger?**
- **Eph 4:31 - <sup>31</sup> Get rid of all bitterness, rage and anger...**
- **Col 3:8 - <sup>8</sup> But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips.**
- **1Pet 5:7 - Cast all your anxiety on him because he cares for you.**
- **Deal with NE from the past as well**
- **Vs. "I forgive but can't forget"**

# Let's Start With Anger

- **Problem: Bible does not tell us how**
- **This means that there are multiple ways to do so**
- **Teach you one way (not the only way) that is simple and effective**

# Practice: Anger Release

- **What should you expect after removing the anger (stone)?**
- **Note: About 80% will be able to do so**
- **Practice Eph 4:31, Col 3:8 (Get rid of anger)**
- **Choose someone you are angry with (smaller anger)**
- **Use the word “Renounce”, which means give up ownership of**

# Practice: Anger Release

- **“I’m angry with this person because...”**
- **“I forgive and bless this person”**
- **“Lord, I give to you all this anger that I have with this person”**
- **“Some put it in a bag or box, however you choose to, gather it up and give it to the Lord”**
- **How many of you feel a little or a lot better?**

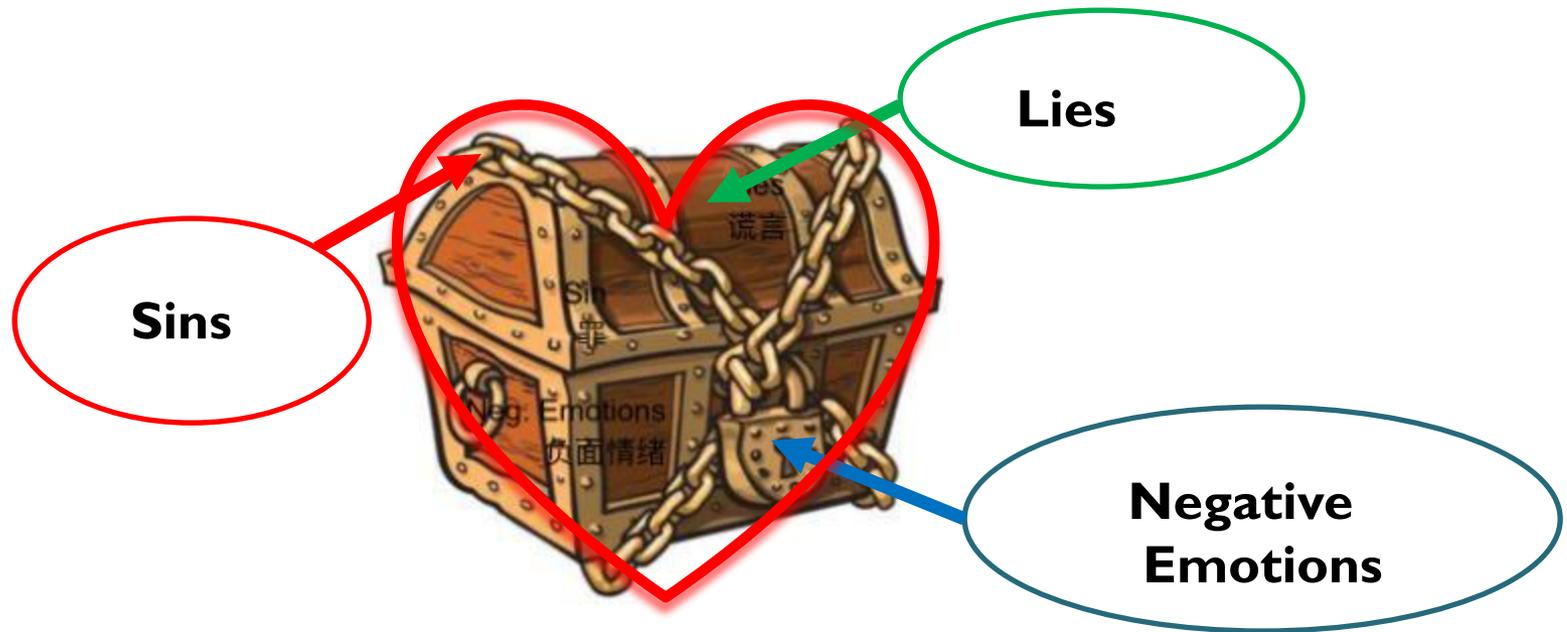


# Session 3

## The Order Makes A Difference

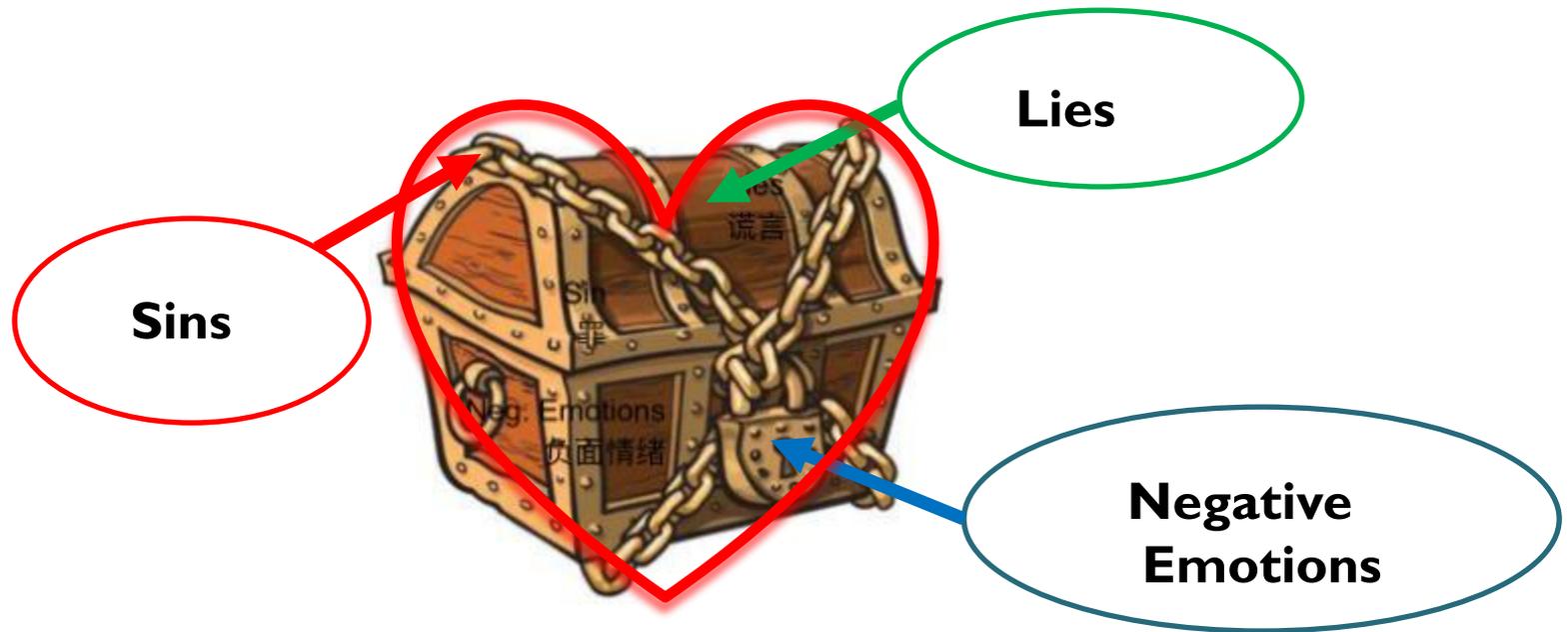
# Another Representation Of The Heart

- Heart is bounded
- Difficult to experience Kingdom Life
- Challenge to live out truth from the Lord
- To open our hearts to God's truth, must get rid of the NEs, Sins, and Lies in right order



# Why Order Make A Difference

- Most teach that sins need to be dealt with first (ex. of a person in sin)
- Usually doesn't work
- Can't just based on our experience
- In Bible, who likes to deal with sins first?

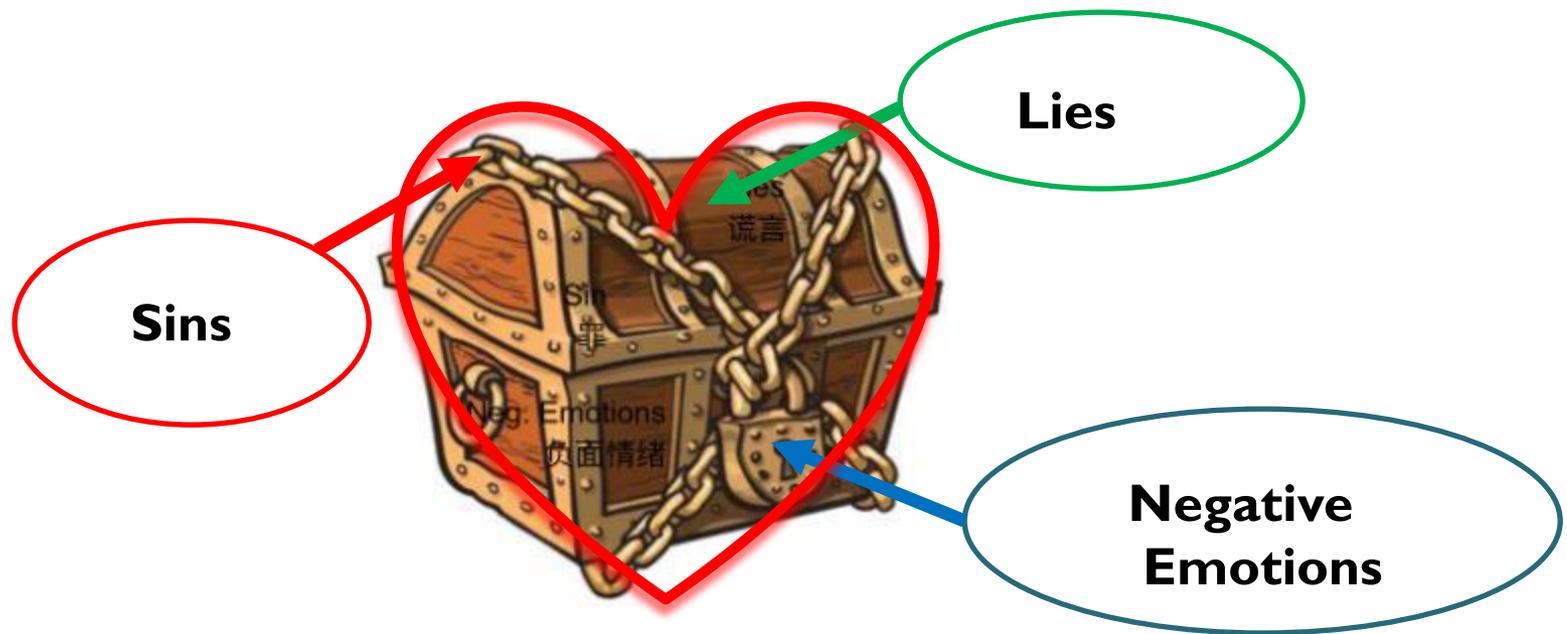


# Why Order Make A Difference

- **Jesus used a different order**
  - **Woman caught in adultery**
  - **Zacchaeus**

# Why Order Make A Difference

- After getting rid of padlock, it's very easy to remove the chain
- After removing the chain, it's easy to open our hearts to expose the lies



# Future Possibilities

- **If you are interested in receiving prayer, can connect with us**
  1. Schedule prayer via [rakministry.com](http://rakministry.com)
  2. Email to [skuon@rakministry.com](mailto:skuon@rakministry.com)
- **Interested in more training**
  1. [Rakministry.com](http://Rakministry.com)->online-training -> releasing -> Removing Stones
  2. Email [skuon@rakministry.com](mailto:skuon@rakministry.com)
- **Good News!! All Services Free!!!**

# Releasing & Advancing The Kingdom

[www.rakministry.com](http://www.rakministry.com)

The screenshot displays the RAK Ministry website interface. At the top, a dark navigation bar contains a "SCHEDULE PRAYER" button on the left and a menu on the right with items: "Home", "About RAK", "Events", "Online Training", and "Give". A red circle highlights the "SCHEDULE PRAYER" button. Another red circle highlights the "Online Training" menu item, which has a dropdown menu open showing three options: "Releasing (Module 1, 2, 3)", "Living (Module 4, 5, & 6)", and "Advancing (Module 7, 8, & 9)". The main content area features a background image of a map with labels for "SWAILELAND", "CAMBODIA", "SOUTH CHINA", and "SEA". Overlaid on the map is the text "RAK MINISTRY" in large white letters, with "Releasing & Advancing the Kingdom" in smaller white text below it. The browser's address bar shows "https://www.rakministry.com/emotional-healing". The Windows taskbar at the bottom includes a search bar, system tray icons, and the date/time "5:09 PM 5/31/2020".



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