



## Giant Cancer Fighting Salad

From Chris Wark's *Beat Cancer Kitchen Cookbook*

*By: HealingStrong*

Prep time:	15 min
Cook time:	2 min
Serves:	2 to 4

### Ingredients:

- Dark leafy greens (kale, spinach, chard, arugula)
- 1 c. broccoli sprouts
- ½ c. Cauliflower
- ½ c. purple cabbage
- ½ c. red, yellow or green onion
- ½ c. red, yellow or green peppers
- ½ c. mushrooms (white button, bella, crimini, shitake)
- 1 tbs. raw sunflower seeds
- Handful of raw almonds or walnuts
- Handful of spouted beans
- Organic sauerkraut or kimchi

\*Suggested seasonings: oregano, garlic, turmeric, cayenne pepper, black pepper, Braggs seasoning mix, horseradish powder, drizzle of olive oil and apple cider vinegar.

### Directions: