

## **The HealingStrong™ Core Values:**

### **1) We believe in the God of the Bible as our Healer.**

HealingStrong™ believes God saves, heals, loves, and cares immeasurably for each person, as evidenced through the gift of the life, death, and resurrection of His son, Jesus Christ. God exists eternally in three persons of one substance, equal in power and glory: the Father, the Son, and the Holy Spirit. We believe God to be alive and active in the world, and specifically in the lives of individuals seeking wholeness. God, through the divine direction of the Holy Spirit, can and does give guidance about the best plan of healing for each individual, and we respect His direction in each life.

### **2) Knowledge is power, and knowledge with application is life changing.**

HealingStrong™ encourages prayerful examination of the information presented to consider how it might be incorporated into one's individual healing. We believe that each person should educate themselves in order to make their own decisions about their health, and walk in confidence towards how God guides them individually. We teach holistic therapies that address body, soul and spirit, which individuals may decide to apply or not as they feel led by God.

### **3) True healing involves the body, soul and reconnecting with our Heavenly Father.**

HealingStrong™ believes a person must address emotional and spiritual needs, as well as physical issues, for healing to be complete. In addition to living the fundamentals of whole foods nutrition, supplementation, and detoxification of the body, HealingStrong™ recognizes that pursuing a joyful life of gratitude, and relational wholeness with resolution of things like chronic stress, un-forgiveness, and bitterness, are key to living in peace and wholeness.

### **4) Leaders of the organization must have personal experience with natural therapies.**

HealingStrong™ began as a patient-to-patient advocacy and resource organization. Our individual experiences provide insight and can give hope to others when shared. Whether a practitioner, caregiver, patient, or one seeking whole health, to lead within HealingStrong™, it must be clear that experience and/ or education support natural healing strategies, or a genuine desire to learn with others.

### **5) Meetings should educate, equip, encourage, and empower.**

HealingStrong™ uses a structured format, including lesson plans and supporting resources, explored in a small group setting. While leaders use the HealingStrong™ curriculum as their foundational guide during year one, we encourage group autonomy by personalizing lessons with local speakers, resources, and materials. It is also inspiring when group members or other individuals share their personal healing journey.

### **6) We are a nonprofit and our groups are freely shared.**

HealingStrong™ is a 501(c)(3) and all donations or materials sold directly support the organization's purpose, rather than profit an individual. Groups are offered to individuals freely and all who want to explore natural healing in an educational, encouraging, and empowering environment are welcome. In no way will a group leader or volunteer profit as a result of their relationship with HealingStrong™.