

## "Cookie Dough" Dip

## By: HealingStrong



## Ingredients:

- 1 ½ cups chickpeas or white beans (1 can, drained)
- 1/8 tsp plus 1/16 tsp salt
- Tiny bit over 1/8 tsp of baking powder
- 2 tsp pure vanilla extract
- ¼ cup nut butter
- 1/3 cup sweetener
- 1/3 cup chocolate chips (Lily's brand makes Stevia sweetened ones)
- 2 to 3 tbsp oats or flaxmeal (you can omit this if desired)

## Directions:

• Combine all ingredients in a food processor (not blender, for best results) and process until desired texture.