



Frequently Asked Questions

ON ATTENDING A GROUP:

Q. Does it cost anything to attend a group?

No. All of our group meetings are freely shared. In addition, we do not sale any goods or services at our meetings. In order to operate as an organization that is expanding internationally, we do accept donations that are [tax deductible](#). We also provide resources to the public, available for a donation to HealingStrong.

Q. How do I get connected to a local HealingStrong group?

Go to: www.healingstrong.org/groups and click on the map. Find your city, state and if there is a group, click the icon. The group leader's name and email will pop up. Reach out to him or her via email and they will respond with their meeting dates. If you have access to Facebook, you can also do a search for HealingStrong, or Healing Strong and see if one in your area pops up. If you have any questions about groups, email us at: groups@healingstrong.org

Q. Do I have to have a diagnosis of cancer or any disease to attend a group?

No. As a matter of fact, most of the participants in our groups attend because they are interested in preventing disease. We also have participants that also come to learn and to share their own experience. It's a great place to meet people who are interested in learning together.

Q. What can I expect when I attend a group meeting?

Groups are designed to connect folks with others interested in learning or sharing about natural, holistic strategies. All groups have a structure that they adhere to in terms of framework. For example, all groups offer a lesson that focuses on either: diet, detoxification, supplementation, emotional healing, dental toxicity, understanding the basics of cancer, healing protocols and adjunct therapies. Some groups provide healthy snacks. In addition, groups may have a speaker on the topic. There will be time for discussion and an opportunity for others to share their own experiences. The groups end and send with affirmations based on scripture. The groups range in size from 5 to 25 and lasts for 1.5-2 hours.

Q. What does HealingStrong teach?

All of our lessons center on helping an individual to obtain optimal health and well-being through the content and exercises that we discuss. Our group meetings are designed to engage healing of the body through emphasis on nutrition, detoxification, physical exercise and holistic methods. We believe that strengthening our physical bodies by improving our immune system and reducing the toxic load is important. However, the body is just one aspect of who we are. We also emphasize healing of the soul through encouraging emotional wholeness, and renewal of the mind with affirmations and promises from God's word.

Q. Where are group meetings held?

In a variety of places: churches, community centers, libraries, corporate conference rooms, juice bars, wellness centers, doctors' offices, and on occasion, a private residence. We have even had meetings in the break room of a local hardware store. ☺

Q. What if I can't find a group in my area?

Please consider starting a group, or rallying others who have a similar desire as you and join together to start a group. It is an amazing opportunity to learn from and with others about natural, holistic therapies. You can start a group by clicking [here](#).

ON STARTING A GROUP:**Q. What steps do I take if I want to start a group?**

First, we are excited you are considering it. Simply complete the application to start a group [here](#). It is a short form and provides you the opportunity to review who we are and see if this is something you would like to partner with HealingStrong to do. The application takes just about 5-10 minutes to complete. As soon as you finish the application, we will send you next step email with instructions to purchase your start-up kit. A representative from HealingStrong will be available to you for instructions and assistance with any questions you may have.

Q. What if there is another group in my town, can I start a new group?

Yes. We want our groups to multiply and provide as much opportunity for others to connect. We welcome multiple groups in the same city. We also encourage our group leaders to connect with other group leaders in their area. It might prove to be a great connection for you.

Q. What expectations do you have for me if I start a group?

Once you complete your application, we expect you to purchase your start-up kit that will include the Leader's Guide and the group resources you need to start your own group. It also includes access to an online shared filing system with downloadable marketing materials, and other supportive tools, such as PowerPoint presentations, etc. Serving as a HealingStrong Group Leader makes you part of a larger community of amazing people who are also leading groups around the world. Our shared knowledge will make us all better. So, we want you to stay in touch, share each other's resources, and also ask that you share our messages with your participants. We all meet periodically via conference calls, and ask you to participate if at all possible.

Q. What does HealingStrong offer me if I volunteer as a group leader?

Our goal is to come along-side you to help educate, encourage and equip you with tools and strategies to help you lead a HealingStrong group effectively. HealingStrong supports our group leaders by offering our Leader's Guide and Resource files. We also offer mentoring with other leaders, monthly conference calls and communications that often features guests (ie: past conference call guests include: Chris Wark, Dr. Veronique Desaulniers, and others). On occasion, we are able to offer scholarships to retreats or public events that we first provide to our group leaders. We provide important branding, signage and alignment with an organization that is committed to serving others in a spirit of truth and love.

Q. Can anyone be a HealingStrong group leader?

Yes, provided that they have completed the application, affirmed our core values and are committed to upholding the mission and purpose of HealingStrong.

Q. Is there any certain number of people that you expect to attend the meetings?

No. A group is considered to be 2 or more people. The range of our group size is 5 to 25, with an average meeting running about 8-10 per meeting. Your group is an independent group and we are here to help you be an effective leader to impact your community.